



# Tools For Action

An inventory of nutrition and physical activity interventions in Wisconsin

Program Name

## Sheboygan County Coalition for Kids' Activity and Nutrition

### Contact Information

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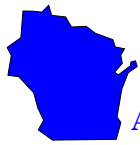
### Program Information

<b>Type of Program</b> Coalition
<b>Year Coalition was Formed</b> 2003
<b>Primary program focus</b> Both Physical Activity & Nutrition
<b>Region</b> Northeastern
<b>County</b> Sheboygan County
<b>Coalition Web Site Address</b> Not Applicable

### Program Information

<b>Represented Groups on Coalition</b> Business Community Faith-Based Government Health Care Health Dept Schools UW-EX WIC Other	<b>Represented Professions on Coalition</b> Business Child Care Citizen Rep Dietitian Educator Exercise Specialist Nurse Physician Other
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A Wisconsin Nutrition and Physical Activity Program



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Intervention Name

## Changing The School Nutrition And Physical Activity Environment

### Intervention Information

<b>Type of Intervention:</b>	Physical Activity & Nutrition Policy
<b>Focus Area:</b>	Vending
<b>Intervention Site or Setting:</b>	School
<b>Scope of Intervention:</b>	School
<b>Target Audience:</b>	All races and genders Ages 1-4, 5-11, 12-19
<b>Total Population in Area Served:</b>	Unknown
<b>Number of Participants:</b>	Has not been implemented yet
<b>Implementation Status:</b>	will be ongoing

<b>Partners:</b>	Sheboygan County Division of Public Health -- nurse Sheboygan Area School District -- school nurse Sheboygan Falls School District -- school nurse Plymouth Comprehensive School District -- school nurse Random Lake -- food service supervisor
<b>Unique Funding:</b>	
<b>Evaluation:</b>	
<b>Evidence-Based or Best Practice based on</b>	School policies that will be drafted will be based on best practice school policies that already exist.

### Products Developed or Materials Used:

Healthy School Index from CDC School Wellness Policies from Team Nutrition, the National School Board Association and the Wisconsin Action for Healthy Kids Coalition

### Intervention Description:

Presently working to draft school wellness policies to be implemented by the 2006-07 school year. Plymouth Comprehensive School District has a nutrition policy developed that is currently being reviewed by their School Board. Sheboygan, Sheboygan Falls and Random Lake are beginning their initial investigation into a school wellness policy.

A Wisconsin Nutrition and Physical Activity Intervention



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Intervention Name

## To make the community aware of the prevalence of overweight

### Intervention Information

<b>Type of Intervention:</b>	Physical Activity & Nutrition Event
<b>Focus Area:</b>	General Physical Activity & Nutrition
<b>Intervention Site or Setting:</b>	Community
<b>Scope of Intervention:</b>	County
<b>Target Audience:</b>	All races, genders and ages
<b>Total Population in Area Served:</b>	110,000
<b>Number of Participants:</b>	Unknown
<b>Implementation Status:</b>	ongoing

### Partners:

Sheboygan County Division of Public Health -- Dietitian and Nurses  
 Sheboygan Aurora Clinic -- Pediatrician  
 St. Nicholas Hospital -- Nurse and Exercise Physiologist  
 Family Connections -- Day Care Specialist  
 Family Resource Centers of Sheboygan County -- Parent Educator

### Unique Funding:

### Evaluation:

Units Provided – One-time

### Evidence-Based or Best Practice based on

### Products Developed or Materials Used:

have developed a powerpoint presentation regarding the causes, consequences and prevention of child overweight. have developed several educational display boards on the topic of child overweight. working on the development of several fact sheets on child nutrition and physical activity. working on a television program regarding the problem of child overweight in Sheboygan County.

### Intervention Description:

Educational program with various outlets such as media, presentations, written materials.